

Hot Yoga Evolution with Tomasz Goetel
On the main road, at Baan Wana Pool Villas, Cherngtalay, Phuket
Tel: 085 889 1580
www.hotyogaphuket.com



We can lead a spectacular Yoga class for your Guests to enjoy.

Let us help you design a Yoga program that suits your location, standards, Guest requirements... and guarantees 100% customer satisfaction!

What makes our Yoga classes UNIQUE:

- ✓ Our sessions are FUN, as we prefer a light-hearted, warm approach to Yoga
- ✓ Our goal is to help the Guest have a wonderful time and improve the quality of their entire stay
- ✓ We pay attention to our Client's specific needs
- ✓ We are really good at leading our Clients at their own ability-level and speed
- ✓ We are experienced, well-mannered, on time, reliable, and the Client's satisfaction is guaranteed
- ✓ Our personality is friendly, non-judgmental, and totally positive. The Students love it!

What you should consider when choosing a Yoga instructor for your Resort (in order of importance):

1. Instructor's PERSONALITY! This has a direct impact on Guest's positive Yoga experience.
2. Instructor's experience-level and reputation – this will help make sure the Guests are satisfied with their class and would like to take another.
3. Teacher's Fee: it is not always the best idea to look for the cheapest instructor available. A good Yoga class goes a long way in improving Guest satisfaction for their entire stay. This could mean repeated customers, smiling faces and positive feedback / word of mouth.

The fees include our transportation in Phuket, use of Yoga mats (if required), and any Yoga equipment necessary for the class: blocks, straps, etc.

(PLEASE NOTE: We work in Thailand legally and issue a tax-invoice for our services, if desired.)

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We will support you with any info needed for brochure/website content, Staff training. We will help you promote to Guests other Resort services offered (spa, Detox, health menu, etc.)

For a consultation, or to make a booking, please call Tomasz directly at (085) 889 1580

or email tomasz@tgoetel.com

Private Yoga Class - Additional Information

Whilst there are many benefits to be gained from attending group Yoga classes, an ideal way for many people to learn Yoga and develop a personal practice is through private consultation and instruction.

In a Private Yoga lesson, your individual needs will be discussed and assessed. From this, an individual practice of postures and breathing will be developed and taught; one that is appropriate for your particular needs. Individual needs to be considered might include general health, specific injuries or conditions, age, strength, flexibility, and other circumstances.

Some of the reasons to consider Private Yoga lessons:

- ✓ *Privacy*
- ✓ *Personal attention and tuition*
- ✓ *Development of a customized practice for your individual needs*
- ✓ *Specific therapeutic benefits for injury, illness, stress and/or emotional challenges*
- ✓ *Convenience of lesson times made by appointment*
- ✓ *A great way to learn with a partner or friend, as your private lessons may also include two or three other people*