

One lucky workshop student will get to attend Tomasz's HOT YOGA IMMERSION retreat in Koh Samui (29 June to 4 July 2011) for FREE!

HOT YOGA EVOLUTION



Tomasz Goetel, the originator of the Hot Yoga Evolution, is coming to Singapore for a fun and challenging Freestyle Hot Yoga class and a breakthrough 3-hour Workshop.

If you love Hot Yoga and are excited to try a new poses and a new approach, then these special classes are for you!



HOT YOGA FREESTYLE (Open Class)

This class will be an exhilarating and fun introduction to Tomasz's unique approach to Hot Yoga and the best way to get a taste of Saturday's HOT YOGA EVOLUTION Workshop.

WHEN:
WHERE:
HOW MUCH:

FRIDAY 20 MAY 2011 at 7:00 - 8:30 pm
River Valley Studio (Capacity 50 pax)
Use your valid membership, just like any other

HOT YOGA EVOLUTION WORKSHOP

Building on a base of classic Hot Yoga, this is all-level workshop will cover core strengthening poses, arm balances, inversions and more. Have fun and improve your practice! Go beyond the standard Hot Yoga poses and realize your full potential!

WHEN:
WHERE:
HOW MUCH:
LUCKY DRAW:

SATURDAY 21 MAY 2011 at 2:00 - 5:00 pm
River Valley Studio
S\$70 per pax (Capacity only 25 pax)
**Win a chance to attend Tomasz's
HOT YOGA IMMERSION for FREE!**

Applicable to all students who pay for and attend the HOT YOGA EVOLUTION workshop. Other T&C Apply

Call +65-6732-6007 or email
info@absoluteyogasingapore.com to register!

 **ABSOLUTEYOGA**